



Transport guide

Public transport

City bus: it operates only in two cities in the province.

St. John's: **Metrobus** is the operator's name.

It costs CAD\$ 2.5 per trip.

You pay with the Metrobus card that is recharged online or with coins (it does not give change).

The card is purchased at Canada Post booths.

The schedules. They are less frequent on weekends and holidays.

It covers the main routes in and around St. John's.

In the metropolitan area there are public transport services for people with disabilities.

Corner Brook: **Corner Brook Transit** is the operator

It costs CAD \$3.00 per trip.

You pay with this operator's card and can be loaded online. The card can be purchased at the municipality

Long-distance bus

Buses that connect the main towns and cities. Most head to Corner Brook and to the ferries to go to the mainland.

Cost: CAD\$140.00.

They are purchased online, by phone or at the counter in the places indicated on the pages.

Schedules:

<https://atlantictraveller.com/newfoundland-bus-schedules/>

<http://www.drl-lr.com/>

More information:

<https://www.newfoundlandlabrador.com/plan-and-book/transportation-and-information?ContactTypeIDs=14268>

Taxis

They are available in all towns and cities. In hospitals, supermarkets and bars you can find one at the door or ask for one to be sent to you.

In the metro area the minimum fare is CAD\$ 10.00. All taxis in cities have a logo or color that identifies them.

There are also UBER services in the St. John's metropolitan region.

Tipping is common.

You pay in cash or by credit or debit card.

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If you're traveling with children, most drivers have a booster or safety seat.

Ferries

From Newfoundland to the mainland, Nova Scotia: Marine Atlantic is the operator
Puertos: Port Aux Basques, o Argentia (NL) in Sydney (NS).

All year round, but in winter it depends on weather conditions and the service may be more limited (check the weather forecast of these cities before traveling).

Cost: between CAD \$50 per adult person + CAD \$120 per car. You also have to pay if you bring a pet. Here you can look at the Rates.

They have food service on board and cabins (which are paid separately).

Tickets can be purchased online, by phone or at the terminals.

Here you can see the Schedules

You can get to the ferry by bus from any city or town in the province of NL.

If you're driving, confirm the time to arrive and the fuel you'll need to calculate your budget well.

Newfoundland to Labrador: Labrador Marine Inc.

Puertos: St. Barbe (Newfoundland) a Blanc Sablon (Labrador)

Cost: The fare varies between CAD\$ 11 to CAD 120 according to the age of the passenger and the vehicle. The rates.

Schedules

Tickets are reserved by phone toll free: 1-866-535-2567 (toll free within the province)

Other ports

For services to ports around the coast of Newfoundland and Labrador see:

<https://www.gov.nl.ca/ti/ferryservices/schedules/>

International

During the summer, cruise ships arrive from all over the world. Check with your travel agency if you are interested in this experience.

Air transport

The main airlines are Air Canada, WestJet, and PAL Airlines.

Airline tickets can be purchased online, at the travel agency or at airports.

Major airports

St. John's International Airport (YYT). Check that your plane ticket has this acronym since there is another airport in another province with a similar name and it is not difficult for there to be confusion.

Gander International Airport (YQX)

Deer Lake Regional Airport (YDF)

Other airports

Goose Bay Airport (YYR) Domestic flights

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Rent/rent a vehicle

International and local companies: Enterprise, Budget (has offices throughout the province), Thrifty, Avis, among others. Some dealerships also have vehicles for rent.

Requirements: credit card and driver's license. Sometimes, they apply for international permission, and there may be restrictions or higher fees if you are under 25 years old (read the requirements and policies that each company has carefully).

Availability: Mostly from airports and big cities, BUT there is a high demand during the summer so you must book the car well in advance.

Road Rules

Speed limits: 100 km/h on asphalt sections of the Trans-Canada Highway, 80 km/h on paved roads, 60 km/h on gravel roads, 50 km/h in urban areas and 30 km/h in school zones Monday through Friday from 7AM to 5PM (unless unisign posted).

Driving in tricky weather conditions: You may encounter ice, snow (if they haven't cleared yet), fog, heavy rain, or winds of more than 100km/h. Slow down or plan your trip in another way so that you are not on the road/route. In winter, make sure the car has the right tires, first aid kit, ice scraper for windows, a shovel, salt and all the tools to change a tire.

Moose/moose/caribou: During dawn and dusk are the times when they usually cross the route. To prevent a fatal accident read [more here](#).

In addition: during the day you have to have your position lights on whenever and if you have children, a chair or a booster seat depending on the height and weight of the infant.

Parking

In urban areas it is payment, it is paid by credit or debit card or via an app depending on the city. In winter this can vary, as in St. John's.

IMPORTANT:

Familiarize yourself with the province's traffic rules . Fines can make it difficult for you to get your provincial driver's license later.

Economical alternatives for a healthy and sustainable life

You can use the trails or ride a bike. Remember that there is no such thing as bad weather but bad clothing. We have a guide!



Senderos/Trails

The province has one of the longest trail circuits in Canada with beautiful landscapes where you can connect with nature and the incredible landscapes of the province while saving money, time and staying healthy by trying to pollute the environment less. This is the list of trails:

<https://eastcoasttrail.com/>

<https://www.grandconcourse.ca/>

<https://newfoundlandlabrador.com/things-to-do/hiking-and-walking>

Bicycle

You can buy a second-hand bike, repair it or adjust it with the help of "ordinary spokes", a non-profit organization operated by experienced cyclists based in St. John's and that also organizes events in different locations in the province

<https://www.ordinaryspokes.ca/> .

Bicycles or any other electric transport cannot exceed 500 watts of power or 32km/h.

Safety: the use of a helmet is mandatory. Use lights and reflectors at night and always respect traffic rules.

Conclusion

The province of Newfoundland and Labrador offers a variety of public and private transportation options, tailored for both residents and visitors. From the city and long-distance bus system to taxis, ferries and air options, there is a solid infrastructure that makes it easy to get around in different areas of the region. It is important to familiarize yourself with local traffic rules and weather particularities, especially in winter, to ensure a safe and efficient travel experience. Sustainable transportation options, such as cycling and hiking, also contribute to a healthier and more environmentally friendly life. In summary, knowing the mobility alternatives available in the province allows you to effectively plan transfers, optimize costs and fully enjoy all that Newfoundland and Labrador has to offer.